

Chef Matthew's Recipe

HOW TO MAKE A CUSTARD PIE (FOR THROWING)

Here is the recipe for making a great custard pie that is perfect for throwing - just the way the actors from the silent movies do!



INGREDIENTS

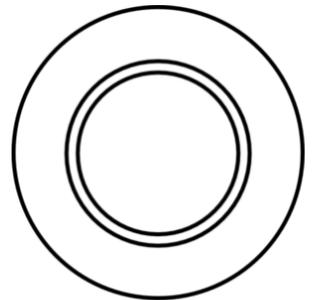
- **Whipped Cream or Shaving Foam**
(Without menthol - as this can hurt your eyes)
- **A Paper Plate (or just your hands)**
(Do not use normal plates, as this can cause injuries)

Before you make a custard pie, make sure you ask an adults permission.

PREPARE YOUR PAPER PLATE

Hold your paper plate in your hands, or put it onto a flat surface.

If you are using your hands instead of a paper plate, hold your palms facing upwards, and ask someone to help you with the next step.



PREPARE THE 'CUSTARD'



Squirt the whipped cream or shaving foam onto the paper plate.

The best way to do it is to draw a circle, and then fill it in with a spiral going inwards.

You can make your custard pie as big as you want. For a bigger custard pie, use more whipped cream/shaving foam.

PLAN THE THROW

Ask somebody to gently throw the custard pie in your face. If you are throwing it into someone else's face, make sure you ask their permission first.

It may be a good idea to go outside before throwing the custard pie, as it can be messy!

If you want to, you could film the custard pie throw to watch back afterwards (maybe even in slow motion!)



CLEAN UP



Throwing custard pie's can be quite messy, so make sure you clean up afterwards.

To make the cleaning process easier, go outside to throw your custard pie, or put a towel down to prevent spillages on the floor.

SEND US YOUR FILM

We would love to see your Custard Pie Throwing videos.

If you film your custard pie throw and want to share it with us, send it to us at info@opentheatre.co.uk

