

Hello there!

On **Saturday 6th February at 2.00pm** we will be streaming **Behind Closed Doors** on YouTube.

We know that these are particularly hard times and for some young people, it may be harder to understand why things are not the same as before and we can't do what we usually do.

As you can't go to the cinema (at the moment) we have decided to bring the cinema to you! Not in person – but on your TVs, computers, tablets or even mobile phones.

So we would like to welcome you today to a very different cinema experience in the comfort of your own home!

Sometimes cinemas offer Relaxed Screenings, for audiences that might find the whole experience quite stressful. It is the same film but we give more information in advance and offer added extras to help whilst watching the show. Don't worry - it doesn't take away the magic!

So we have decided to try and create (with your help!) a Relaxed Screening in your home!

Obviously watching the film at home will not be the same as being at the cinema. But we thought it would be fun if you would be able to create a similar experience and make your front room/kitchen/bedroom or anywhere in your house... into your very own cinema.

Relaxed Screening checklist:

- *Ticket:* When you come to see a film at the cinema – you have to have a ticket. It tells you the name of the film you are to see and what day and time. It also tells you your seat number. We have made a special ticket for you to print off at home. That will be sent to you on Friday 5th February by email.
- *Seat:* At the cinema – we sit in an auditorium (a very big room with lots of seats). At home, you can sit in any seat. Perhaps you could put numbers on the seats.
- *Lights:* The auditorium is quite dark – although not too dark... but you may want to draw the curtains to be like a theatre. But you can leave a small light on if you prefer.
- *Sound:* Unlike the cinema – at home it is easier to control the sound levels. However – during a Relaxed Screening – we start the sound lower than usual and gradually increase if the audience seems comfortable. It may be a good idea to have ear defenders nearby – just in case!
- *The film:* The film lasts around 9 minutes. There is no interval. And whilst it is running live from 2.00pm... it cannot be paused. So get your popcorn and sweets ready before and after the film! You may also like to watch the 'Behind the Scenes' film, which lasts about 17 minutes.
- *Creating a cinema:* At the cinema there are lots of different jobs that people do. These are: people to give you your ticket (Box Office), people to show you to your seat (Usher); and someone to be in charge of snacks and drinks (Snack Usher). It would be lovely if all the family could take different roles and pretend you are at the cinema. You may have to do more than one role each!

- *Fidget Toys / Activities:* At Relaxed Screenings, you are encouraged to bring your own fidget toys, or take part in activities related to the film. We have a 'Design your own Door Hanger' activity available on our website.